



SCHOOL COUNCILS CONFERENCE & AGM

26-28 APRIL 2019

Delta Edmonton South

Programme

### Emerald Room

#### Fundraising Association Financial Practices

Celeste Burdinsky

Alberta School Councils' Association (ASCA)

Fundraising Associations are separate, legal entities with distinct rules to follow, responsibilities to comply with and liabilities to consider. Following sound financial management and proven practices are critical for continued success in the school community.

Join Celeste as she covers basic financial practices for fundraising associations, including monthly reporting, spending request forms, the audited financial report, Corporate Registry requirements, and financial reporting to AGLC. Templates and samples will be shared and discussed. This workshop was created with input from the Association of School Business Officials of Alberta (ASBOA), Corporate Registry and Alberta Gaming, Liquor & Cannabis (AGLC).

Celeste Burdinsky is currently the Client Services Specialist for ASCA, as well as an ASCA Instructor, a domestic engineer on her busy family farm, and an avid apiarist who loves her honey bees. She was a junior high school Language Arts and Home Economics teacher, and a Certified Image Consultant (CIC). She has been involved with school councils and fundraising societies at her kids' schools for over 10 years, holding various executive positions for both parent groups, and establishing new fundraising societies. She has volunteered on numerous boards for not-for-profit societies and was the Presenter Coordinator for the Literacy & Learning Day Society of Edmonton's annual conference. Through her work with ASCA, Celeste has travelled the province and worked extensively with school communities, including school councils, fundraising societies, principals, trustees, and senior administration, sharing her passion for parent partnerships in education.

### Calgary Room

#### Fundraising Association Bylaws

Brenda Kell

Alberta School Councils' Association (ASCA)

An incorporated Fundraising Association/Society has the discretion to decide what bylaws work best for them, in keeping with the Societies Act, and within the context of their community. ASCA has created a fundraising association bylaws template with input from Corporate Registry and Alberta Gaming, Liquor & Cannabis (AGLC).

Join Brenda as she walks you through the document, clause by clause, so that you understand why it's worded the way it is, and that you understand the legal liability that your association board carries. Feel free to bring your own bylaws along to compare notes.

Brenda Kell has twelve years' experience with School Councils in a variety of positions. Six years as a Fundraising Coordinator, two years as parent representative to the Gifted and Talented Education (GATE) Parent Association, one year as Vice Chair and three years as a School Council Chair, permits her to understand a wide scope of school council issues. Brenda has volunteered extensively in schools with a focus on classroom presentations demonstrating how Math and Science are integrated into other subjects. Her professional background is in regulatory affairs and strategic planning. She has been an ASCA instructor for five years.

## SCHEDULE AT A GLANCE

### Friday April 26

1:30 pm - 7:00 pm	Registration
2:30 pm - 4:00 pm	Pre-sessions
4:00 pm - 7:00 pm	Resource Gallery
7:00 pm - 9:00 pm	Welcome Social Mixer Conversation Exchange

### Saturday April 27

7:00 am	Registration
7:00 am	Breakfast
7:45 am	Opening Greetings
8:15 am – 8:45 am	Plenary Presentation
9:00 am - 10:00 am	Breakout Sessions
10:00 am	Resource Gallery & Refreshments
10:45 am	Keynote Speaker
11:30 am	Networking & Resource Gallery
12:00 pm	Lunch
12:30 pm	Plenary Presentation
1:30 pm - 2:40 pm	Breakout Sessions
2:45 pm	Resource Gallery & Refreshments
3:30 pm - 4:45 pm	Breakout Sessions
6:00 pm - 9:00 pm	Guest Reception Candidates Meet 'n Greet Banquet Dinner, Awards

### Sunday April 28

8:00 am - 9:00 am	Registration
8:00 am - 9:00 am	Breakfast
9:00 am - 12:00 pm	Business Meeting
12:00 - 12:45 pm	Lunch
12:45 pm - 3:30 pm	Meeting, Board Elections

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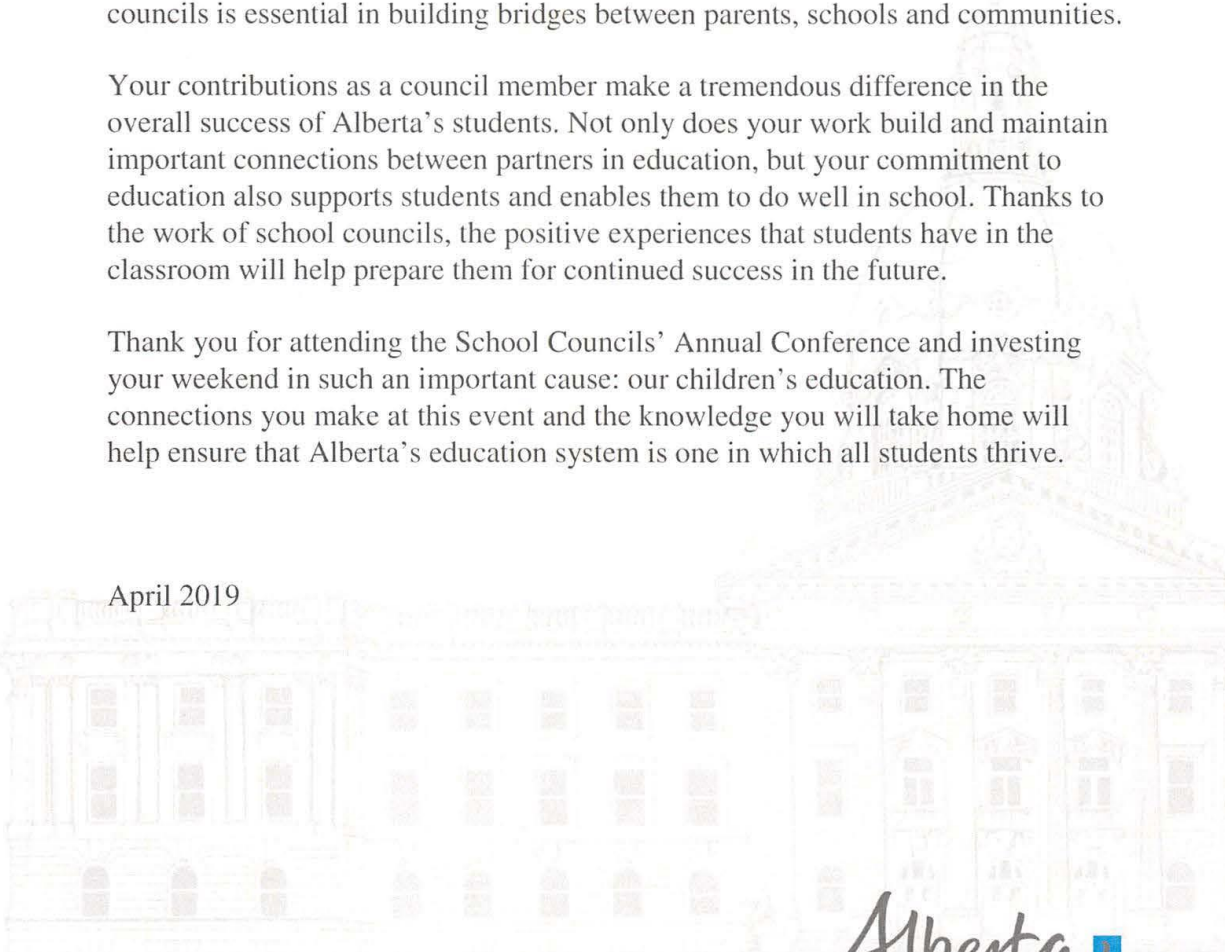
# A MESSAGE FROM THE GOVERNMENT OF ALBERTA

The Government of Alberta is pleased to welcome everyone to the 2019 Alberta School Councils' Conference and Annual General Meeting. The work of school councils is essential in building bridges between parents, schools and communities.

Your contributions as a council member make a tremendous difference in the overall success of Alberta's students. Not only does your work build and maintain important connections between partners in education, but your commitment to education also supports students and enables them to do well in school. Thanks to the work of school councils, the positive experiences that students have in the classroom will help prepare them for continued success in the future.

Thank you for attending the School Councils' Annual Conference and investing your weekend in such an important cause: our children's education. The connections you make at this event and the knowledge you will take home will help ensure that Alberta's education system is one in which all students thrive.

April 2019



Alberta



## PRESIDENT'S WELCOME

**WELCOME** to the Alberta School Councils' Association (ASCA) Conference and Annual General Meeting (AGM) promoting parent engagement in public education.

Providing development sessions, information sharing and resources for the school community, our provincial event offers opportunity to engage in provincial Education and network with school council members from across Alberta.

This year, the conference event will consider "**School Council: Building Bridges**", promoting positive engagement in the school community for student success.

*The work of school council builds bridges in the school community, and becomes a bridge - connecting parents and community members to the school.*

Thirty (30) topics are available in the breakout sessions offering elements of inclusion, diversity, student wellbeing, digital technology, healthy schools and advancing reconciliation. In addition, two (2) pre-session topics on Bylaws and Financials for Fundraising Associations are offered.

We are pleased to have Dr. Jody Carrington, join us for a keynote address "The Power of Relationships" on Saturday morning. Dr. Phil McRae, Associate Coordinator, Research, with the Alberta Teachers' Association will share insights on the impact of growing up in the digital era, on Saturday as well.

We are excited to offer the integrated Resource Gallery area – with exhibits, additional networking time, and the ever popular Winners Circle prize program - a highlight for many attendees.

Our banquet event promises to be a fun and engaging evening, and precedes the Sunday business meeting and election of the ASCA provincial Board of Directors.

***So, welcome - we are glad you could join us!***

Please enjoy the event. I look forward to reconnecting with all of you, and meeting those here for the first time, throughout the weekend.

A handwritten signature in black ink, appearing to read "Allison Pike".

Allison Pike  
ASCA President

## FEATURED SESSIONS & KEYNOTES

### Conversation Exchange Friday April 26 @ 7:00 pm

***“How do school councils promote positive engagement and meaningful “bridging” in the community to benefit student success?”***

The “conversation exchange” is a group table exercise to generate ideas and input for sharing.

*The work of school council builds bridges in the school community, and becomes a bridge - connecting parents and community members to the school.*

Alberta Education’s Business Plan – specifically Outcome 3 – ties in with the theme of building bridges. *Outcome 3 states: Alberta’s education system respects diversity and promotes inclusion.* Education plays an important role in the preparation of responsible, caring, and successful citizens. An **inclusive** education system is established when the system anticipates and values diversity, understands learners’ strengths and needs, and reduces barriers to promote a culture of well-being.

School Councils are in an ideal position to **be the bridge** to promote and support inclusivity and diversity in the school community, and to promote a culture of well-being.

### Plenary Session Saturday April 27 @ 8:15 am

Battle River School Division

Christee Lankamp, Karen Belich, Diane Hutchinson

### Building Positive Relationships with School Councils

This presentation is a celebration, from three perspectives, of the impact of building and maintaining positive relationships between School Councils, School Boards and School Divisions.

Christee is the long-time Chair of the Bawlf School Council. Karen is an active parent, and first-term member of the Battle River School Division (BRSD) Board of Trustees. Diane is the Director of Communications, Battle River School Division.





## Keynote Speaker Saturday April 27 @ 10:45 am

Dr. Jody Carrington

### The Power of Relationships



Dr. Jody Carrington is a Clinical Psychologist who has spent most of her career working with children and families who have experienced trauma. Growing up on a farm in rural Alberta, Canada, and after 13 years (!) of post-secondary education, she took her first job on the Mental Health Inpatient Units of the Alberta Children’s Hospital in Calgary.

It was during those 10 years that she learned the most about kids, families, relationships, and the vital importance of connection. Today, she is back living in a rural setting, managing a private practice, raising a family, speaking around the country about relationships, connection and her new book, “Kids These Days”.

Jody passionately believes in the power of the relationship with the people we love, lead, and teach. Her favourite thing on the planet to do is to speak with educators – they have the power to change the trajectory of a life every single day. It’s time, she believes, that we need to start focusing less on kids these days, and more on those of you who hold them every day.

The core of everything she speaks and writes about comes down to this: we are wired to do hard things. We can do those hard things so much easier when we remember this: we are wired for connection.

## Keynote Address Saturday April 27 @ 12:30 pm

Dr. Phil McRae, Ph.D.

### Alone Together: Connecting in an Age of (Hyper)Connectivity.



Dr. McRae will share how growing up in our digitally saturated era is impacting our habits of mind, bodies and sense of community.

He will share highlights from the research findings of the Growing Up Digital (GUD) Alberta study, being conducted in partnership with Harvard Medical School and the University of Alberta.

This research study surrounding children’s consumption of media, examines media’s social, learning and health impacts within the population of Alberta K–12 students. It focuses on knowledge creation and resulting considerations for regulation and policy for teachers, parents, students and school authorities.

Dr. Phil McRae is Associate Coordinator, Research with the Alberta Teachers' Association, and Adjunct Professor within the Faculty of Education at the University of Alberta where he earned his Ph.D.

McRae was the Director of the internationally recognized Alberta Initiative for School Improvement (AIS) at the University of Alberta from 2005-2009, and taught several graduate courses in the Master of Education in Educational Studies program. Phil has worked in many secondary and post-secondary educational contexts while living and teaching in the Middle East (United Arab Emirates), Asia (Japan), Europe (Spain), and in Alberta, Canada with the Lethbridge Public School District and at Red Crow College with the Blood Tribe (Kainai First Nation). The Blackfoot honoured him with the name Áípapomm, which means lightning.

### Diamond Room

Safe and Caring Schools & Communities,  
Alberta School Audit

Leslie Ronaldson, Amber Hester  
Safe and Caring Schools & Communities (SACSC)

An organization that can assist schools and communities with a variety of resources and supports as they attend to an array of topics that are under the umbrella of the terms "safe and caring", SACSC is excited to share a new project that has been piloted and tested and is now accessible to all schools and school systems in Alberta.

A process schools can use to determine to the extent that their schools are: Safe, Caring, Welcoming and Respectful.

This tool is a process that includes surveys and interviews that are conducted at the school level with students, staff and parents. The information is then compiled into a report that is shared with schools, so they can use it to celebrate what is working well and use data to focus on areas for growth or improvement.

This session will provide the foundation and explain the "why" behind the creation of this audit tool and outline the journey Safe and Caring Schools & Communities has taken to create a tool to support schools in measuring their growth in an area where data is not readily available.

Leslie Ronaldson is the Executive Director at Safe and Caring and brings extensive experience in executive leadership roles in the not-for-profit, government, and private sectors.

Amber Hester is with Clover Collaborations, and the former Assistant Superintendent of Inclusive Learning Services with Wolf Creek Public Schools. In education for over 20 years, she has held positions in Alberta and Saskatchewan as Assistant Principal, Principal, Coordinator, and Assistant Superintendent.

### Emerald Room

Clarity on Cannabis: What Parents Need to Know

Michelle Kilborn  
Alberta Health Services

Cannabis is now legal in Alberta and across Canada. In this interactive session, we will review the facts about cannabis and explore its effects on the developing brain. We will discuss the role of youth allies/parents/caregivers in helping youth avoid or delay cannabis use and minimize the risk of harm.

You will become familiar with practical, high-quality resources designed to help youth allies/parents/caregivers talk about cannabis with youth.

Michelle Kilborn is the Cannabis Project Coordinator for Alberta Health Services (AHS). She has provided leadership to help identify potential health impacts of cannabis legalization and ensure a public health approach is considered in policy decision making at the federal, provincial and municipal level. Prior to her role with AHS, Michelle was a junior/senior high school teacher for over 12 years and a program manager at Alberta Education for four years. Michelle has a PhD from the Faculty of Education, University of Alberta and is also currently an adjunct assistant professor at Memorial University.

### Fort McMurray Room

Relationships: The Key to Student Success

Caroline Gosling (Missal)  
Caroline Missal Consulting Ltd.

*"No significant learning occurs without a significant relationship."*  
(James Comer) Relationships are at the centre of restorative practices which, when implemented in classrooms and schools, increase high school completion and decrease inappropriate behaviour and suspensions.

This session will begin to explore implementing restorative practices in your school and how they support other initiatives such as social emotional literacy, mental health, and trauma informed practices. Restorative practices in schools focus on relationships, engagement, and accountability and when necessary, repairing harm. This approach supports Alberta's School Act, the new Professional Standards and the Comprehensive School Health framework. Research, results and resources will be shared.

Caroline recently retired after 35 years as an educator with Edmonton Public Schools. During that time she taught at elementary, junior and senior high, was a behaviour consultant, a principal at four different schools and spent time seconded to both Alberta Children's Services and Alberta Education with a focus on supporting students who are vulnerable and creating welcoming, caring, respectful and safe learning environments.

Caroline has over 20 years' experience using restorative practices within schools, districts, and the justice system. She is currently chair of the Alberta Restorative Justice Association and, as well as doing private contract work, is a trainer for the International Institute of Restorative Practice.



### Red Deer Room

#### Comprehensive School Health

Brian Torrance  
Ever Active Schools

Health and Wellness is foundational to a child's ability to learn. Learn about current Alberta resources and supports to wellness in Alberta school communities and how school councils can access these services for their school communities.

The presentation will highlight key issues facing schools today and will detail, using a comprehensive school health framework to advance health and wellness.

Key issues will include mental health, health and physical education curriculum, Indigenous health and connecting to nature.

Attendees will learn key strategies that a school council can do to create a healthy school community.

Brian Torrance is the Director of Ever Active Schools (EAS), a provincial initiative aimed to advance health and wellness in Alberta School Communities.

Brian works with associated government ministries, connects with partners, leads fund development, provides a vision, and initiates new projects that support health and wellness in Alberta children and youth. He firmly believes that to improve the health and wellness of children and youth in Alberta it will be a collaborative, partnership based approach.

*"The best part of my job is working with passionate, dedicated people across the province in support of healthy, happy schools. Everything is aiming to achieve what is best for our youth. It's important and fun to connect the dots to make this happen,"* he says. He's been happily working with EAS since 2010.

### Medicine Hat Room

#### Bridging the Gap: Navigating the Education System

Greta Gerstner  
Strategic Alliance for Alberta Students with Learning Challenges

How to effectively advocate for your children in the education system.

This session will cover parts of the School Act to help you understand your rights and responsibilities as the parent/guardian, your child's rights and responsibilities, plus the Principal's and school board's responsibilities.

This session will help you figure out where you need to go to next, should you be experiencing difficulties at the school level.

Greta Gerstner is the Executive Director of Strategic Alliance for Alberta Students with Learning Challenges. She has been advocating for her two children who have been diagnosed with learning disabilities in reading, writing and math along with ADHD and anxiety for the last 8 years. She has been an active member of school council in various roles for the past six years, as well is a member of CASA's Family Advisory Council.

Greta believes strongly in helping parents become educated on how they can effectively advocate for their children's needs in a collaborative fashion with educators and administrators, while making sure children have what they need to be successful.

### Canmore Room

#### Why Second Language Learning is Beneficial

Cheryl Dumont  
Alberta School Board Zone 2/3

Why Learning another Language is Beneficial for our Children:

A PowerPoint and video presentation and discussion on why learning another language is so important for our children. The session will include data and talk about the benefits regarding brain development and employment opportunities for students. Handouts will be distributed as well.

The Language Committee is made up of seven School Trustees and former educators from across the province who have a background in and/or an interest in language learning and brain development.

Chair of this Committee, Cheryl Dumont is a School Trustee in her third term. Cheryl is also the Executive Director for St. Albert & District Further Education Association. The Association specialize in English Language learning and helping those 18 and over learn French, Spanish, Cree, Michif and American Sign Language, among other areas of education.

### History FunFacts

**Sept 2, 1922-** Meeting first held to discuss forming a Civic, Provincial, and possibly National Federation. Mrs. Alice M. Curtis was appointed Chairman, and there were reps from 10 Parent Teacher Associations

## BREAKOUT SESSIONS A. SATURDAY APRIL 27<sup>th</sup> 9:00 AM – 10:00 AM

### Lake Louise Room

#### Indigenous Insight Video Series

Charlene Bearhead, Sharon Morin  
Alberta School Boards Association (ASBA), Musée Héritage Museum

In this session, participants will screen multiple films from the ASBA Indigenous Insights Video Series and discuss applications of the videos in the respective territories where their school communities exist.

As a result of attending this session, participants will acquire beginning knowledge required to open the door to engagement with Indigenous community members and knowledge keepers, while deepening their own learning, and that of non-Indigenous students, while seeking means to better support Indigenous students in school systems.

Charlene Bearhead is a mother, grandmother and Indigenous education advocate working with Alberta School Boards Association, College of Alberta School Superintendents, Canadian Museum of Human Rights, Moose Hide Campaign and others across the country for reconciliation education.

Sharon Morin is the daughter of the Late Canadian Senator Thelma Chalifoux and was raised in a Metis family that was filled with both Metis Culture and Metis Politics.

Sharon has worked for the past 14 years in Museum Education programming designed to meet the Alberta Curriculum demands, but is also aware the Metis history is not always at the forefront. *"My mission is to not let them forget who the Metis were and are today."*

### Banff Room

#### Full Circle: Social Implications of Indigenous Realities

Shannon Loutitt  
Alberta Teachers' Association (ATA)

Historical implications of colonization including Residential Schools have contributed to many negative social realities within an Indigenous context then and now.

This workshop reveals core causes of Intergenerational Trauma while featuring wellness initiatives.

Participants will engage in activities that challenge and dissolve negative stereotypes embedded in society.

This workshop interweaves some Indigenous pedagogies and invites participants to deeply experience the concepts being introduced.

Shannon Loutitt is a Division 2 teacher on secondment from Fort McMurray Public School District. She grew up in Fort McMurray learning about her Métis heritage, and when she was five years old, said she wanted to be the first Native lady Prime Minister.

Although that might not happen, she is excited to be working with the Alberta Teachers' Association on the *Walking Together Team* to help educators learn more about the diverse cultures, histories, and contemporary realities of Indigenous peoples in Canada.

### Calgary Room

#### School Council Purpose

Marcia Hole  
Alberta School Councils' Association (ASCA)

Understanding the legislated role of school councils, including which topics are open for discussion and which require caution, helps to prevent tension and dysfunction within a school council and the school community.

Learning how to identify the work of school councils, how to frame a "personal issue" from a school council perspective and how to broach sensitive topics, is essential for new and returning members.

Marcia graduated from the University of Alberta with a Bachelor's of Education Degree. As a former high school teacher, she saw first-hand the positive impact parental involvement had on student engagement and academic outcomes.

When her own children started school, she was excited to contribute. She has been volunteering on School Councils and Fundraising Associations for more than 15 years. An ASCA field instructor, Marcia feels privileged to use her experience and knowledge to empower other parents.

### History FunFacts

**Mar 31, 1929-** Alberta Federation of Home and School Association is formed. First President- Rev. Dr. GW Kerby (Calgary)

Edmonton Room

The School Council-Trustee Relationship

Wendy Keiver, Trina Boymook  
Alberta School Councils' Association (ASCA), Alberta School Boards Association (ASBA)

Understanding the School Council-Trustee relationship is vital to assist you in successfully furthering your role in the school community.

Sometimes school councils misunderstand the role of the School Board Trustee within their school community, or the Trustees may not be fully aware of their role on school council.

The Trustee should be a valued partner who is able to share the board perspective and news with the parents they represent, while gathering important parent perspectives from the district School Councils.

Join us as we explore this dynamic partnership including legislated requirements, communication protocol, and proven practices. Let us help you build that bridge!

Wendy Keiver is the Executive Director of ASCA. Previously, Director of Client Services with ASCA for seven years, and prior to that, an Instructor for ASCA, after being a trustee with EPSB for three years.

Trina Boymook is Vice President of ASBA. She was elected an EIPS trustee in 2013 representing residents in urban Sherwood Park, and has been elected Board Chair for the last six consecutive years.

Prior to becoming a trustee, Boymook held several leadership positions both locally and provincially including Chair of EIPS' Committee of School Councils, and President of the ASCA.



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## BREAKOUT SESSIONS B. SATURDAY APRIL 27<sup>th</sup> 1:30 PM – 2:40 PM

### Diamond Room

#### Vaping

##### Les Hagen

##### Action on Smoking & Health (ASH)

Vaping rates among Alberta high school students almost tripled between 2015 and 2017 and has reached epidemic proportions.

The recent introduction of high-nicotine “stealth” vaping devices like Vype and Juul are making matters worse.

Schools and parents across Canada are concerned with the surge in youth vaping. This presentation will provide participants with an overview of the scope and scale of the youth vaping epidemic in Alberta, including current usage rates and potential implications on youth tobacco use.

Participants will be provided with concrete actions and resources on how to curb youth vaping and smoking in their schools and communities.

Les Hagen is the Executive Director of Action on Smoking & Health (ASH). Founded in 1979, ASH is western Canada’s leading tobacco control organization.

Les is a veteran public health leader and social entrepreneur, and has provided regional and national leadership on tobacco control and disease prevention. Les is a strong believer in healthy public policies and in engaging communities in effective strategies to improve the quality of life. His awards include a Meritorious Service Medal, received from the Governor General of Canada in 2018.

### Emerald Room

#### Alberta Métis History

##### Sharon Morin

##### Michif Cultural Connections

##### Musée Héritage Museum

Explore Métis history and the importance of understanding this diverse and distinct culture.

The Alberta Metis story is unique, a story of strength and determination, Sharon will share local history and stories of people who shaped the Alberta Metis.

Presented by Sharon Morin, Program Manager, Museum and Heritage Sites, Musée Héritage Museum, St. Albert.

Born into a large politically active Métis family of seven, Sharon spent most of her youth participating in political and cultural activities, and in many ways lived, and was taught in a traditional Metis way by Elders, Knowledge Keepers and Community Activists.

She worked with her mother, the Late Senator Thelma Chalifoux at Michif Cultural Connections - a Métis Living Museum, Resource Center and Gift Shop located in the historical Mission area of St. Albert.

Sharon brings her traditional teachings to the Museum world where she has spent the last 15 years at the Musée Héritage Museum as the Program Manager and Aboriginal Lead developing curriculum based educational and community based programs.

Currently Sharon is also involved with: St. Albert Public Wisdom and Guidance Committee, Alberta School Boards Indigenous Advisory Circle, Michif Cultural Connections Programs Director.

### Fort McMurray Room

#### Tools for Effective School Councils

##### Suzanne Lynch

##### Alberta School Councils’ Association (ASCA)

Resources, tips, templates and tools will be provided to help participants understand the culture of their local community and basic volunteer psychology.

Strategies to increase the effectiveness of school councils will be offered, as well as strategies to increase parental engagement in your school community.

Suzanne joined the ASCA team two years ago and is excited to be working within the school communities.

An active member of her daughter’s school community and school council, Suzanne is currently serving as School Council Chair.

Suzanne has been self-employed for 25 years as an aesthetician. She recently continued her passion for learning and personal growth, graduating with an Addictions and Community Service diploma.

### Red Deer Room

#### Supporting Success for Students with Learning Disabilities

Kim Unrau, Heather Clarke

Learning Disabilities Association of Alberta – Edmonton Chapter

This session will provide an overview of common learning disabilities - reading, writing and math, and the impact they have, on both an individual and a classroom level.

We will answer questions about screening and identification, and discuss strategies and interventions for home and school. We will discuss how school councils can make a difference in helping schools create positive learning environments for all students.

Heather Clarke is the President of Learning Disabilities (LD) Edmonton and parent of a child with learning disabilities and ADHD. Prior to relocating to Edmonton, she was a public school trustee, as well as an advocate for people with disabilities, in Yellowknife NWT. She is currently working as a reading specialist for kids with learning disabilities.

Kim Unrau is the Past President of LD Edmonton. She is an educational psychologist within the public school system as well as private practice, with over 25 years of experience. She is a passionate advocate for students with learning disabilities and other special needs, and presents Parent Information Sessions through LD Edmonton.

### Medicine Hat Room

#### Financial Literacy for Youth

Debbie Vance, Tanis Lambert

Canadian Foundation for Economic Education (CFEE)

What do students want to learn about money management? The financial education of children should start early.

CFEE's "Talk With Our Kids About Money (TWOKAM)" program provides parents with free tools and resources designed/geared to help them have relevant/age appropriate conversations about money.

Parents and guardians can help in preparing youth for their financial decisions and responsibilities. This will help get the "money conversations" started.

CFEE supports parents and guardians with engaging and educational ways to help their children learn more about money – and how to manage it.

Debbie was an educator and Senior Administrator with the Calgary Board of Education, worked on the Career Pathways Initiative, the Provincial Government Cross-Ministry (Education, Advanced Education and Employment and Immigration) initiative Connecting Learning and Work: The Career Development Strategy for Alberta, and with the College of Alberta School Superintendents (CASS) as Director to implement the Provincial Dual Credit Strategy for Alberta.

Debbie currently works with Northern Gateway Public Schools and with CFEE as the Alberta Coordinator for TWOKAM.

Tanis, while working towards her Commerce Degree at U of C, was a Marketing Assistant for the Career Pathways program with the Calgary Board of Education.

Tanis was Assistant Provincial Coordinator in Alberta for the CFEE financial literacy initiative for four years, and is currently the Provincial Coordinator for Central British Columbia TWOKAM program.

### Canmore Room

#### Activity Permissive Learning Environments - "Don't Walk in the Hallway"

Adrian Xavier

Ever Active Schools

For many years, the scientific and educational communities believed movement and thinking had no relationship to one another.

In recent years, it's become common to read studies that show emphasis on physical activity in the school curriculum more broadly, not just in physical education class, can support students in achieving both health and learning outcomes.

Now with ample evidence to verify learning and movement are connected, we have an opportunity to change what we do and how we do it. Explore why activity permissive learning environments are a necessary consideration in school communities, and learn what you can do to promote movement within your school.

This session will look at Ever Active Schools' initiative "Don't Sit Still in Class", in addition to the well-known "Don't Walk in the Hallway".

Adrian Xavier is a School Health Facilitator with Ever Active Schools. Adrian's extensive health and physical education expertise is evident in how he brings to light the importance of healthy school communities and how well-being can promote optimal learning environments.



### Lake Louise Room

#### Together for Students

Pat Cochrane

#### Together for Students

Alberta has changed. We're not the same province we were a century ago.

Alberta funds more educational systems and boards than any other province in Canada.

Services are duplicated and inefficient. Communities are becoming fragmented. Funds are diverted, meaning students end up with fewer learning opportunities instead of more.

*Together for Students* believes we need to start a public dialogue about the escalating costs— financial, social, and educational— resulting from our multiple education systems.

We need to work together to offer students the best educational experience possible, since tomorrow's Alberta depends on how we educate our children today.

Pat Cochrane served as a trustee with the Calgary Board of Education for 14 years, 10 of which she acted as Chair of the Board. She has served on other boards in the not-for-profit and arts sectors in Calgary, including: Child and Family Services of Calgary and Area; Big Brothers Big Sisters of Calgary; Education Matters, Calgary's Public Education Trust; and Sage Theatre Company.

Pat recently completed a Master of Arts in Leadership Studies and takes great pleasure in facilitating positive conversations for groups and working to guide boards towards stronger governance practices. Pat continues her volunteer commitments in the community and chairs the board of the Calgary Sexual Health Centre.

### Banff Room

#### SOGI 1 2 3: A Pathway to Safe and Inclusive Schools

Brad Beattie, Ruth Kuik

ARC Foundation, Sturgeon Public Schools

SOGI 1 2 3 is an initiative that helps educators make schools safe and inclusive for students of all sexual orientations and gender identities (SOGI).

This session will provide participants with an understanding of what SOGI 1 2 3 is, what resources are available for educators and parents, and what SOGI-inclusive education looks like in schools at different grade levels. Pathways to inclusiveness are diverse, and this session is ideal for those interested in how SOGI 1 2 3 can support all members of the school community to achieve student success.

Brad Beattie is Executive Director, ARC Foundation. An experienced leadership and operations professional, Brad has over 20 years of experience in the not-for-profit sector, including leadership roles at VANOC, Canadian Cancer Society, and Reconciliation Canada.

Ruth Kuik is Associate Superintendent, Sturgeon Public Schools. Involved in education for thirty-four years, Ruth has been a teacher, vice principal, principal, director and is presently leading the Education Services Team. Ruth holds a Master's degree in Professional Development and Teacher Education from the University of Alberta.

### Calgary Room

#### Parents as Partners: How School Councils Play Pivotal Roles in Student Wellness

Kate Conroy, Kristy Baron

Alberta Health Services - School Health and Wellness Promotion

Come and learn how you, as a member of school council, can make a difference in student wellbeing and overall school health.

We'll give you tools, ideas, and blueprints to guide you and your school council in building a healthy school community. Explore the connection between schools, families and the wider community, and discover how councils play a critical role in student wellbeing. Find out how we can work *together* for student success!

Health Promotion Facilitators from the School Health and Wellness Promotion team in Alberta Health Services work with school jurisdictions to make schools healthier places.

They partner with schools and divisions across the province to build healthy school communities using a comprehensive school health approach. Today they'll show you that every member of a school community, from students and staff to parents and partners, can have a positive impact on their school community.

### History FunFacts

**Jan 31, 1931**- First Alberta Constitution and Bylaws were adopted at Annual Meeting

Edmonton Room

HEADSTRONG for Parents:  
Why It Is Important to Talk to  
Your Kids About Their  
Mental Health

Fiona Haynes, Nathan Ip  
Mental Health Commission Of  
Canada

HEADSTRONG is an evidence-based anti-stigma initiative created by the Mental Health Commission of Canada (MHCC). It inspires youth ages 12-18 to *Be Brave, Reach Out and Speak Up* about mental health. A national initiative, HEADSTRONG originated as a program that teaches students how to reduce stigma and become mental health champions in their schools.

In 2019, the HEADSTRONG for Parents workshop will be launched for the first time at the ASCA Conference.

HEADSTRONG for Parents is a workshop that gives families the tools and knowledge to have meaningful conversations about mental health that can help reduce mental illness stigma.

Session participants will get a sample of the HEADSTRONG model and why it is important to appropriately frame conversations about mental health and how they might engage their family members, particularly their children in a dialogue about mental health challenges with the goal of creating a positive environment that supports the mental wellness of the entire family.

Fiona Haynes is the Western Canada Coordinator of the HEADSTRONG Initiative and Nathan Ip is the Alberta Provincial Coordinator of the HEADSTRONG Initiative with the Mental Health Commission of Canada. Both have years of experience working with youth in the fields of mental health and education.



Glenbow Archives PA-2088-8

### Diamond Room

#### Inclusion in the Second Language Classroom

Michael Tryon

Canadian Parents for French (CPF)  
Alberta Branch

Inclusion is now the norm in most of Alberta classrooms, but serious issues still remain for students in second language programs who have challenges.

This session will focus on a success story from both the perspective of a parent and a teacher who has worked with this student.

We will talk about challenges and opportunities. This session is a "best case" example of how inclusion should work in a second language classroom.

Information will be provided on advocating for testing, partnering with the school for inclusion and adaptation of the curriculum, access to internal and external resources, and how to ensure your student's success.

Michael Tryon has been the branch Executive Director of CPF Alberta since 2009. His involvement with CPF commenced in 2008 as a member of both the CPF Edmonton Catholic Chapter and as one of the organizers of the annual Gala D'art Oratoire, sponsored by this chapter.

Michael has taught French and English in Japan, handled all Japanese inbound tour logistics for Quebec tours, and taught in both core French and French immersion classrooms.

Michael holds a Bachelor of Arts in Sociology with a minor in French, a Diploma in Post-Secondary Education, and a Bachelor of Elementary Education, all from the U of A.

### Emerald Room

#### The Inuit Power Curve

Genevieve Akilak Davis

Saskatoon, Saskatchewan

Genevieve details the history of Inuit self-control, its decline via various colonial themes, and its eventual rise with the negotiation of land claims and the creation of Nunavut.

This session will provide an introduction to Inuit history, culture, and political movements and how this plays a role in education.

Genevieve Akilak Davis is from Qamani'tuaq/Baker Lake, Nunavut. She left home to attend a program for Inuit students, which propelled her journey in education. She now works as a counsellor at a college in Saskatchewan.

### Fort McMurray Room

#### Managing Your School Council Meeting

Dorcas Kilduff

Alberta School Councils' Association (ASCA)

Meaningful school council meetings require strong leadership and clear, easy to follow processes for all participants.

Having a solid *Agenda*, some simple *Rules of Order* and learning how to *Direct Discussion* will assist with mitigating conflict and help to ensure the school council meetings are not a waste of anyone's valuable time.

Every meeting participant will benefit from this workshop!

Dorcas enjoyed her early career in the finance industry and was a small business owner of an insurance industry-related company.

In 1990, Dorcas began working with school councils, and from 2002 worked with ASCA as an instructor and a Committee Representative, providing the parent voice at several education-related advisory tables.

Dorcas had the pleasure to serve as the Provincial Parent-at-Large on the Minister's Review Committee of Outcomes of Learning K-12.

In 2007, Dorcas was elected to the Board of Trustees for Parkland School Division and served two 3-year terms.

Dorcas has volunteered in her community in many capacities, most recently as a six year Director for the Spruce Grove and District Chamber of Commerce.

In April 2018, Dorcas was awarded the 2018 Friend of ASCA Award, and in the Fall of 2018, she joined the ASCA instructor team again. She welcomes the opportunity to meet, share with, and learn from school council members across the province.

### Red Deer Room

Bringing Human Rights and Anti-Racism Education to the Classroom

Elli Dehnavi

Centre for Race and Culture

Following the mission of public education to develop active and engaged citizens, the Centre for Race and Culture (CFRAC) has designed and developed “Race and Respect,” an educational resource for secondary teachers and youth educators. Using interactive activities, group discussion, and role play, the resource tackles the topics of human rights, stereotypes and discrimination, social justice, race and racial discrimination in a meaningful and constructive way.

This session will talk about the significance of bringing human rights education to the classroom and the role of school councils in promoting these important conversations in schools to encourage an inclusive culture.

Copies of the “Race and Respect” educational resource will be distributed to participants.

Holding a PhD in Cultural Studies, Elli Dehnavi is a university teacher, storyteller, and public educator. She has been actively engaged in the community to raise awareness about systemic discrimination. She has developed adult education resources, coordinated training programs, and managed support groups.

Elli works with the Centre for Race and Culture as a Senior Consultant, and offers educational workshops on intercultural competency, unconscious bias, creating inclusive communities, refugee awareness, and intersectional feminism.

### Medicine Hat Room

Optimum Learning for All Students: Implementing Alberta's 2018 Professional Practice Standards

Jim Brandon, Bonnie Stelmach

University of Calgary,

University of Alberta

This interactive session will share the highlights of our 4-year research study designed to assess, deepen, and extend the implementation and enactment of Alberta's Professional Practice Standard, which includes the *Teaching Quality Standard*, the *Leadership Quality Standard*, and the *Superintendent Leadership Quality Standard*.

The research team includes faculty from the Universities of Alberta, Calgary, Concordia, and Lethbridge. This study uses quantitative and qualitative methods. Results will be reported to Alberta Education, participants, and stakeholders on a yearly basis (2019, 2020, 2021, and 2022).

Dr. Jim Brandon is the Associate Dean of Professional and Community Engagement in the Werklund School of Education at the University of Calgary. As an Associate Professor in Educational Leadership, Policy, and Governance, his research interests include quality teaching, instructional leadership, supervision, and evaluation of teachers, principals, and superintendents.

Dr. Bonnie Stelmach is a Professor in the Department of Educational Policy Studies at the University of Alberta. Her signature on the research landscape is on parents' roles in education. Her current research explores what makes parents feel in community with their children's schools with a particular interest in secondary and rural schools.

### Canmore Room

Enhancing Social and Emotional Learning through Daily Physical Activity (DPA)

Adrian Xavier

Ever Active Schools

Social-emotional learning skills are foundational to student success in school, work, and life. Students who are physically active also have enhancements in attention, cognition, and overall school attendance which supports their success in life.

Ever Active Schools has developed a Social & Emotional Well-Being Booster Kit that enhances the development of social-emotional learning while supporting the DPA initiative in the classroom.

Adrian Xavier is a School Health Facilitator with Ever Active Schools. Adrian's extensive health and physical education expertise is evident in how he brings to light the importance of healthy school communities and how well-being can promote optimal learning environments.

### Lake Louise Room

Working Together Towards Reconciliation

Chief Leonard StandingontheRoad,  
Lloyd Desjarlias, Leanne Louis,  
Lori Buffalo, Josephine Small,  
Shelagh Hagemann  
Wolf Creek Public Schools

This session will offer a glimpse into the **Wisdom and Guidance Committee** in Wolf Creek Public Schools and how the division is engaging First Nations parents.

Explore how strengthening the parental voice is making a change in classrooms for educators and students across the division.

Also learn how the **Wisdom and Guidance Committee** is supporting school councils to understand the historical impacts of colonization and move toward reconciliation within school communities.

Chief Leonard StandingontheRoad,  
Montana First Nation, Maskwacis.

Lloyd Desjarlais, Indigenous Student Services Generalist, Red Deer College. Piapot First Nation.

Leanne Louis, Montana Cree Nation, Maskwacis.

Lori Buffalo, Samson Cree Nation, Maskwacis.

Josephine Small, First Nations Metis Inuit Learning Support Coach, Wolf Creek Public Schools. Ermineskin Cree Nation.

Shelagh Hagemann, First Nations, Métis and Inuit Student Success Coordinator, Wolf Creek Public Schools.

### Banff Room

Supporting Student Success Through Mentoring

Caroline Gosling  
Alberta Mentoring Partnership

Mentoring is an evidence based strategy that supports students' mental health, sense of belonging and connectedness, engagement and attendance, high school completion and ultimately success in, and beyond school.

In addition, mentoring contributes to a welcoming, caring, respectful and safe learning environment.

This session will:

- Provide an overview and background for school based mentoring.
- Investigate the essentials of building a mentoring culture.
- Explore mentoring approaches, types and models.
- Share resources to support mentoring in schools.

Caroline recently retired after 35 years as an educator with Edmonton Public Schools. During that time she taught at elementary, junior and senior high, was a behaviour consultant, a principal at four different schools and spent time seconded to both Alberta Children's Services and Alberta Education with a focus on supporting students who are vulnerable and creating welcoming, caring, respectful and safe learning environments.

During her last secondment Caroline's main area of focus was mentoring, including supporting the Alberta Mentoring Partnership and setting up a Corporate Mentoring initiative at Alberta Education. For the last five years, Caroline has been a Big Sister and learned about mentoring from the 'inside'.

### Calgary Room

What is Self-Regulation and Why is it Important?

Julie Smith  
The MEHRIT Centre Ltd.

Recent advances in developmental neuroscience are dramatically altering attitudes towards the possibility of maximizing the educational potential of every child.

Scientists now understand that the better children can self-regulate, the better they can rise to the challenge of mastering ever more complex skills and concepts.

But what exactly is self-regulation, how does it develop, why do some children struggle with it, and what can we as parents, caregivers and teachers do, to enhance its development?

Using Shanker Self-Reg<sup>®</sup>, a powerful method for understanding stress and managing tension and energy, this presentation will provide an introduction to, and discussion on, Self-Regulation.

Julie Smith was with Pembina Hills Public Schools for 35 years. She began to facilitate Self-Regulation learning for her staff and students in 2016. A school Administrator, and her role as school counsellor allowed her opportunities to co-regulate with students and help them understand the brain body connection.

Along with her teaching career, Julie raised three children and partnered with her husband building a farming operation.

Julie's retirement coincided with her completion of courses with the MEHRIT Centre Ltd.



Edmonton Room

An Introduction to the  
Indigenous Peoples' Atlas of  
Canada Giant Floor Map

Shannon Loutitt

Alberta Teachers' Association (ATA)

This session will allow participants to explore the Indigenous Peoples Atlas of Canada giant floor map.

Participants will critically examine the ways in which history and geography have been taught and learned, and consider new pedagogies that honour Indigenous knowledge systems.

Shannon Loutitt is a Division 2 teacher on secondment from Fort McMurray Public School District. She grew up in Fort McMurray learning about her Métis heritage, and when she was five years old, said she wanted to be the first Native lady Prime Minister.

Although that might not happen, she is excited to be working with the Alberta Teachers' Association on the *Walking Together Team* to help educators learn more about the diverse cultures, histories, and contemporary realities of Indigenous peoples in Canada.



Glenbow Archives PA-2088-6

## RESOURCE GALLERY EXHIBITORS & SPONSORS

Admazing Savings Inc.  
Alberta Health Services - School Health and Wellness Promotion  
Back to School Solutions  
Blue Imp Recreational Products  
Booster Juice  
Canadian Foundation for Economic Education  
CDI SPACES  
Coco Brooks Inc.  
CREATIVE Promotional Marketing Agency  
Edmonton Oil Kings  
ExamBank  
Foster Park Brokers Inc.  
Gopher Sport Equipment  
Habitat Systems Inc.  
Image Signs Ltd.  
Jeff Jackson Playground Pro  
Learning Disabilities Edmonton & Centre for Literacy  
Lifetouch Canada  
Mango and Moose  
Marsh Canada Limited  
Money Mentors  
OS Pepper Distributors  
PlayWorks Inc.  
Prince Garth Music  
Quest Theatre  
RTD Learning (Rock the Diploma)  
Staples Inc.  
Strategic Alliance for Alberta Students with Learning Challenges  
TeamFund  
The Button Boss  
The Lunch Lady  
Wintergreen Learning Materials

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BRAND

## WINNERS CIRCLE PRIZE PROGRAM

The Winners Circle feature for delegates is a variety of prize giveaways available to be won, with chances of winning increasing by visiting exhibits in the Resource Gallery.

On the Friday schedule the Resource Gallery opens at 4:00 pm until 7:00 pm, as well as on the Saturday schedule from 10:00 am to 3:30 pm. There are over 30 exhibits offering products, services and resources relevant to parents and public education.

Exhibitors will issue “Visit Vouchers” to delegates at their booths - which can be entered into the draws for prizes. The vouchers include delegate contact information for exhibitors use.

There is no limit on the number of vouchers collected by delegates and entered for prizes.

Prizes are provided by exhibitors and sponsors, on display in the Winners Circle area of the Resource Gallery.

Winners Circle prize draws are done during the event (throughout both Friday and Saturday visiting hours) and winning tickets are posted on the prize itself.

Delegates must show their nametag matching the winning vouchers, and are expected to take the prize with them.

Have fun and support our exhibitors in the Resource Gallery!

## History FunFacts

### List of Presidents

1932- Mrs. A.M. Curtis

1933/1934- no info

1935- Mrs. A.M. Curtis

1936/1937/1938- Mrs. A.R. Ryan

1939- Mrs. S.A. Bartlett

1940- Mrs. J.R. Lockwood

1941/1942/1943/1944- Mrs. T.K. Lockwood

1945/1946- Mr. G. F. Bruce

\*1945- Honorary President- Hon. R Earl Ansley, Minister of Education

\*1945- Honorary Life Member- A.M. Curtis

1947- Mr. Monroe McLeod

1948/1949- Mrs. A.N. Hutchenson

\*1949- Honorary Life President- A.M. Curtis

1950/1951/1952- Mrs. E. Boalch

1953- Mr. J.E. Simpson

1954/1955- Mrs. D.A. Hansen

1956- no info

1957/1958- Mrs. W.E. Hodgdon

1959/1960- Mr. R.H. Jeacock

1961/1962- Mrs. R.V. McCullough

1963/1964- Mr. C.H. Linn

1965/1966- Mrs. G.A. Garbutt

1967/1968- Mrs. Mary K. Green

1969- Mrs. T.A. Haddow

1970/1971- Mrs. J.A. Lore

1972/1973- Mrs. Edith Hnytka

1974/1975- Mrs. Jean Jackson

1976/1977- Mrs. Doris Christie

1978- Mrs. Janet Anderson



## ENTERTAINMENT

### **Banquet Performance** Saturday April 27 @ 8:30 pm

Prince Charles School (Elementary), Edmonton Public Schools

#### **Prince Charles School Fiddlers**

Prince Charles School is an elementary school that celebrates First Nations, Métis and Inuit culture. One aspect of the culture that is celebrated, is fiddle music and dance.

Students who choose to participate in the fiddle group, begin in grade 4 and may choose to continue in grade 5 and 6. The group today includes students from grades 4, 5 and 6. These students practice at recess time, at home and on Fridays with Garry Lee and Judy Gatto.



We have a lot of fun making music together and we have many memorable experiences performing at festivals, conferences, universities, schools, seniors' homes and for families.

Honing their skills on fiddle, working together as a group, learning how to perform in public are just a few of the skills that come from participating in the group.

### **Guest Appreciation Reception** Saturday April 27 @ 6:00 pm

Kayla Shanti

#### **Piano**

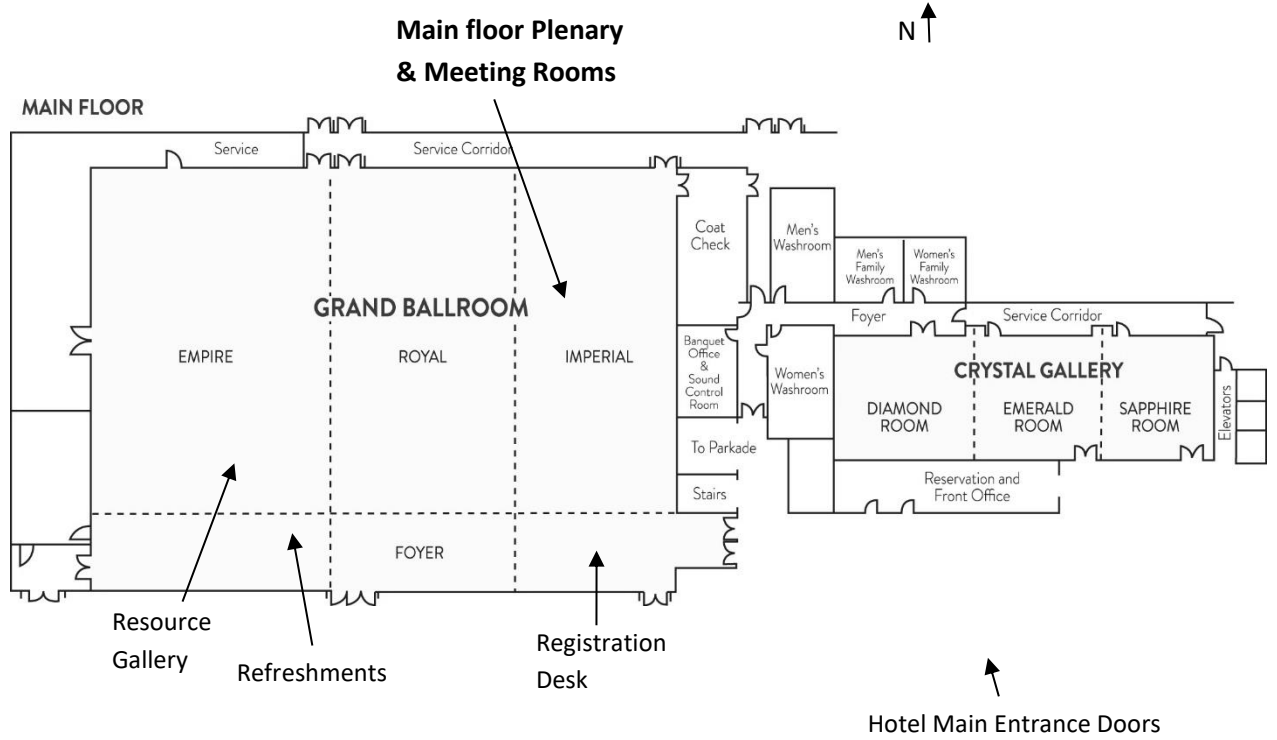
Kayla Shanti is a Canadian singer-songwriter and voice instructor. A music instructor at The Centre For Arts and Music, The Rock and Roll Society Of Edmonton, she is also a voice teacher at Long & McQuade (Edmonton South), and went to Victoria School Of Performing And Visual Arts in Edmonton.

Kayla performs her original material around Edmonton whenever she can, and has just released her first single "*Get a Life Already*" available on Apple Music and iTunes, Google Play/YouTube.

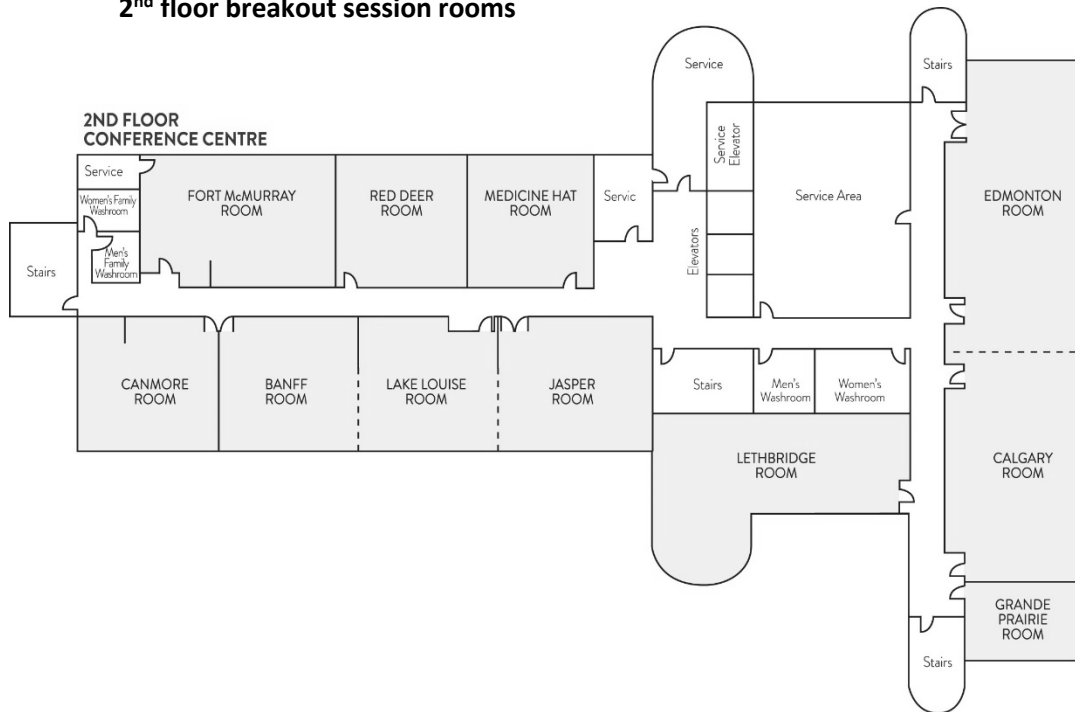


**VENUE FLOOR PLAN**

Delta Marriott Edmonton South Hotel & Conference Centre  
 4404 Gateway Boulevard Edmonton AB T6H 5C2



**2nd floor breakout session rooms**





## SCHEDULE OF EVENTS

### Friday April 26

1:30 pm - 7:00 pm	Registration	Grand Ballroom
2:30 pm - 4:00 pm	Pre-session: Fundraising Associations Financial Practices Pre-session: Fundraising Associations Bylaws	Emerald Room Calgary Room
4:00 pm - 7:00 pm	Resource Gallery	Empire Room
7:00 pm - 9:00 pm	Welcome Social Mixer & Conversation Exchange <i>"How do school councils promote positive engagement and meaningful "bridging" in the community to benefit student success?"</i>	Imperial Room

### Saturday April 27

7:00 am	Registration	Grand Ballroom							
7:00 am	Breakfast								
7:45 am	Opening Greetings								
8:15 am – 8:45 am	Plenary Session: <b>Building Positive Relationships with School Councils</b>								
9:00 am - 10:00 am	Breakout Sessions A.								
Diamond	Emerald	Fort McMurray	Red Deer	Medicine Hat	Canmore	Lake Louise	Banff	Calgary	Edmonton
Safe and Caring Schools & Communities	Clarity on Cannabis	The Key to Student Success	Comprehensive School Health	Navigating the Education System	Second Language Learning	Indigenous Video Series	Implications of Indigenous Realities	School Council Purpose	School Council-Trustee Relationship
10:00 am	Resource Gallery & Refreshments							Empire Room	
10:45 am	Keynote Speaker: Dr. Jody Carrington <b>The Power of Relationships</b>							Imperial Room	
11:30 am	Networking & Resource Gallery							Empire Room	
12:00 pm	Lunch							Imperial Room	
12:30 pm	Keynote Address: Dr. Phil McRae <b>Connecting in an Age of (Hyper) Connectivity</b>							Imperial Room	
1:30 pm - 2:40 pm	Breakout Sessions B.								
Diamond	Emerald	Fort McMurray	Red Deer	Medicine Hat	Canmore	Lake Louise	Banff	Calgary	Edmonton
Vaping	Métis Culture	Tools for Effective School Councils	Success for Students with Learning Disabilities	Financial Literacy for Youth	Activity Permissive Learning Environments	Together for Students	SOGI 1 2 3: Safe and Inclusive Schools	School Councils Role in Student Wellness	Talk to Your Kids About Their Mental Health
2:45 pm	Resource Gallery & Refreshments							Empire Room	
3:30 pm - 4:45 pm	Breakout Sessions C.								
Diamond	Emerald	Fort McMurray	Red Deer	Medicine Hat	Canmore	Lake Louise	Banff	Calgary	Edmonton
Inclusion in the Second Language Classroom	The Inuit Power Curve	Managing Your School Council Meeting	Human Rights & Anti-Racism Education	Alberta's 2018 Professional Practice Standards	Learning Through Daily Physical Activity	Working Together Towards Reconciliation	Student Success Through Mentoring	What is Self-Regulation and Why is it Important?	The Indigenous Peoples' Atlas of Canada
6:00 pm - 9:00 pm	Guest Reception, Candidates Meet 'n Greet, Banquet Dinner, Awards							Imperial Ballroom	

### Sunday April 28

8:00 am - 9:00 am	Registration & Breakfast	Imperial Ballroom
9:00 am - 12:00 pm	Business Meeting	
12:00 - 12:45 pm	Lunch	
12:45 pm - 3:30 pm	Meeting, Board Elections	