

JOHN HUMPHREY CENTRE FOR
PEACE & HUMAN RIGHTS

Social Stride Training Sessions

EDUCATE. ADVOCATE. SUPPORT.

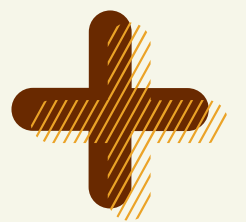
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JOHN HUMPHREY CENTRE
for PEACE and HUMAN RIGHTS

HATE ONLINE 101



W/ SOCIAL STRIDE

In this session, participants will gain an understanding of what online hate is and its forms on social media platforms, in addition to learning about the difference between a 'hate incident' and a 'hate crime'. The aim is to provide participants with basic strategies on how to (and how not to) respond to online hate. The session will also have participants discuss and learn about remediation mechanisms available to Canadians.

ALL AGES

Duration: 1 - 1.5hrs



Registration via email :
socialstride@jhcentre.org

ONLINE SAFETY TIPS & TRICKS FOR KIDS



W/ SOCIAL STRIDE

Nowadays, children are quite familiar with technology, which is a wonderful skill to have but very few know the dangers of the digital world. In this session, children will start to understand the importance of digital literacy. The aim is to provide participants with the basics of different types of cyber issues, their effects, as well as how to decipher fact from fiction. Additionally, the session will help children identify who in their lives they can talk to if they see hate online.

CHILDREN, TEENS

Duration: 1 hr



Registration via email :
socialstride@jhcentre.org

HEALTHY SOCIAL MEDIA USE & DEALING W/ HATE ONLINE



W/ SOCIAL STRIDE

Young adults have a heavy online presence and many are reaching important milestones where their online presence could heavily impact their future professional endeavors. In this session, participants will develop an understanding of digital literacy, including types of cyber issues, the effects of hate online, the importance of a social media presence, and learning to decipher fact from fiction. The aim is to provide young adults with skills on what to do when they encounter hate online and discuss the response and reporting mechanisms available to them.

YOUNG ADULTS

Duration: 1 - 1.5 hrs



Registration via email :
socialstride@jhcentre.org

HOW TO DISCUSS & ADVISE YOUTH ON ONLINE HATE

W/ SOCIAL STRIDE

As intermediaries –whether you’re a parent/guardian, teacher, or support worker– one often worries about what youth are looking at online. In this session, participants will develop an in-depth understanding of digital literacy including the different social media platforms, the effects of hate online, and the importance of having a social media presence. The aim is to provide participants with strategies they can use to support the youth they interact with as well as recognize if your child is experiencing online hate. The session will also discuss the response and reporting mechanisms available.

**PARENTS, TEACHERS,
SERVICE PROVIDERS**

Duration: 1.5 - 2.5 hrs

Registration via email :
socialstride@jhcentre.org



BEING AN ACTIVE WITNESS



W/ SOCIAL STRIDE

At times when racism, discrimination or misinformation occurs, being an active witness can help save lives and reduce the risk of a negative outcome. In this session, participants will learn strategies to build their bystander intervention skills. The aim is to learn de-escalation tactics including how to respond to victims/perpetrators of hate online and ensuring users have a healthy relationship with social media. This session highlights the importance of prioritizing your personal safety and discusses when witnesses should consider and check their privilege(s).

ALL AGES

Duration: 2 - 3 hrs



Registration via email :
socialstride@jhcentre.org

